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Re: Vision Therapy and Reading with the See-N-Read® Reading Tool

I have been using See-n-Read strips with my students and patients for several years. As a reading teacher and vision therapist I am constantly encouraging my readers to see more at one time and to keep eyes looking ahead. This brand of reading strips is the best I have found.

The clear box lets a whole line of print stand out at one time while the gray area allows readers to see through to the next line of print. Other brands I have tried either completely block out the next line or are too dark to allow for an easy return sweep to the next line.

Struggling readers and readers with visual tracking problems often lose their place when reading. Using the clear box of the See-n-Read strip lets them see just the right amount of print without being visually overwhelmed.

For students with visual convergence problems, prolonged reading often leads to headaches. Words may seem to move around on the page. The See-n-Read strip helps take out some of the visual distraction yet still permits seeing ahead to maximize the use of context clues. It also allows the reader to practice moving smoothly from line to line.

Other strips which have more of a "word box" opening limit context clues and take away from fluency. The See-n-Read strip has been a useful tracking tool. It seems to reduce eye fatigue and I recommend it to parents and teachers.

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